



RECREATIONAL LEAGUE MANUAL

PUEBLO RANGERS SOCCER CLUB

Recreational League Rules

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AGE CHART F2017/S2018

DOB
2015
2014
2013
2012
2011
2010
2009
2008
2007
2006 (not in Middle School)

1. ELIGIBLE PLAYERS

- a. Players will be assigned to team/divisions by their **Birth Year** .
- b. A player who is assigned to a team, who is the proper age and has completed the registration process, is eligible to participate in the Pueblo Rangers Soccer Club Sports Program.
- c. A player may be registered on only one CSA affiliated team at any time.
- d. Players that a not registered may not play.
- e. Coaches are required to play each eligible player at least one half of each regulation game. (Exception, see article 11.)
- f. Coaches/Referees may not add players to official team rosters. Any noted discrepancies between roster and players must be brought to the attention of the Recreational Director for correction. Failure to comply will result in disciplinary action.
- g. In the event a team cannot field all players required for a game, the coaches will have the first opportunity to divide players between the two teams on the field. If that coach refuses to split his/her teams the center referee will divide the players equally and play the game, *or agree to play short.***
- h. In the event that a player quits attending practice, the coach must notify the Recreational Director as soon as possible.

2. TEAMS

- a. Roster will be compiled after registration and players will be assigned to teams on a first come basis, maintaining geographical integrity by Zip code where possible. Pre-registration will commence at the end of each season. After pre-registration, players will be assigned to teams on a first come first serve basis. At the option of the Recreational Director and/or executive board, roster may be evened or adjusted to obtain a good balance in team size.
- b. Teams sizes are as follows:

DIVISION	PLAYERS ON TEAM	PLAYERS ON FIELD
2015	3 to 8	3
2014	3 to 8	3
2013	3 to 8	3
2012	4 to 9	4
2011	5 to 10	4 + 1
2010	7 to 14	5 + 1
2009	8 to 16	6 + 1
2008	8 to 16	6 + 1
2007	8 to 16	8 + 1
*2006	8 to 16	8 + 1

*Not yet in Middle School

2015 to 2012 divisions WILL NOT use a goal keeper.

- c. Coaches will not allow a player to practice or play with a team unless the player has completed the Pueblo Rangers registration form.
- d. Players must be registered with Pueblo Rangers in order for the CSA liability insurance to be effective. Without being registered, coaches are PERSONALLY liable for any injures or incidents involving a player who is not registered.
- e. Coaches must inform the Recreational Director when any player drops from the team.

3. EQUIPMENT

- a. Each player must wear shin guards, which must be completely covered by socks.
- b. Cleats are recommended, but not required for play. Cleats may not extend from the sides, front, or the back of the shoe. Shoes with "toe cleats", metal cleats, spikes, or metal-tipped cleats are not allowed.
- c. Each player must wear an official Pueblo Rangers Soccer Club uniform.
- d. The following items are NOT permitted:
 - Hair control devices with any hard parts.
 - Jewelry of any sort, including earrings of any kind regardless of covering.
 - Any article worn which is deemed a danger to the players by the referee will not be allowed.
 - Medical tags, religious medals, if worn, will be taped to the chest.
 - Shirts will be tucked in at all times during play.
 - Players with arm casts will be allowed to play provided the cast is covered with foam padding and parent release form is provided to the referee coordinator prior to the scheduled game.

4. PRACTICES

- a. Pueblo Rangers Soccer Club teams may scrimmage any team, one age up or one age down.
- b. The head coach or his assistant (adult) must be present at every practice and game of the team.
- c. Each team is required to practice at least once a week and no more than three times per week.
- d. Practices are not permitted at Langoni Soccer field or Lake Minnequa Fields.

5. SCHEDULES

- a. The season will consist of those games scheduled by the Pueblo Rangers Soccer Club. ALL GAMES WILL BE PLAYED AS SCHEDULED.
- b. Any games scheduled outside of the Pueblo Rangers league will not be sanctioned by Colorado Soccer Association or Pueblo Rangers. Coaches and Parents will be personally responsible for any injuries or incidents relative to such games.
- c. Official score, league standings and/or win/loss statistics will NOT be kept.
- d. SCHEDULES WILL NOT BE CHANGED TO ACCOMMODATE COACHES/ PLAYERS ABSENCE.
- e. Any coach that takes more than one team must find adequate assistance in the event that both teams play at the same time.

6. CANCELLATION OF GAMES

- a. Cancellation of games will occur on site. Soccer is an all weather sport. Games may be canceled if the Recreational director or Pueblo Rangers Soccer Club Board has determined that the field is unsafe for play.
- b. Lightning in the immediate area of a game or practice will terminate activity.
- c. If a game in progress is canceled after the end of the first half, that game will be considered completed.
- d. Coaches are responsible to check the Pueblo Rangers web site (www.pueblorangers.net) or field closure phone number (542-2408 opt. 1) to determine if games have been canceled.

7. DURATION OF THE GAME

- a. All games will begin at the prescribed time, in accordance with the game schedules provided by the Recreational director. The official time clock will be kept by the Center Referee.
- b. All divisions will play timed halves except the lower divisions, which will play 4 quarters per game to facilitate player substitution. The length of each half and quarter, ball size and team composition is as follows:

AGE GROUP	FIELD SIZE	# PLAYERS	TEAM SIZE	GAME LENGTH	BALL SIZE
2015	20yds x 30yds	3v3	3 TO8	4-8min. qtrs	3
2014	20yds x 30yds	3v3	3 TO8	4-8min. qtrs	3
2013	20yds x 30yds	3v3	3 TO8	4-8min. qtrs	3
2012	30yds x 40 yds	4v4	4 TO9	4-10min. qtrs	3
2011	30yds x 50yds	5v5	5 TO10	4-12min. qtrs.	3
2010	35yds x 55yds	6v6	6 TO12	2-25min. Halves	3
2009	40yds x 60yds	7v7	7 TO14	2-25min. Halves	4
2008	40yds x 60yds	7v7	7 TO14	2-25min. Halves	4
2007/*2006	50yds x 80yds	9v9	9TO 16	2-25min. Halves	4

*Not Yet in Middle School

8. START OF PLAY

No game will start until all teams and parents are on the appropriate side of the field as noted on the field signs.

- a. At the beginning of the game, choice of ends and the kick-off shall be decided by the toss of a coin. Starting at 2010 age group, parents and teams will be on opposite sides of the field. There is signage on the fields designating "Parent Side" and "Team Side". Coaches are responsible for placement of their teams and parents.
- b. When restarting after half-time, ends shall be changed and the kick-off shall be taken by a player of the opposite team to that of the team who started the game.
- c. To resume play at the beginning of the second and fourth quarters, the team in possession of the ball at the end of the first and third quarters will throw-in/kick-in from the sidelines at mid-field.
- d. Teams will change goals only at the half.
- e. Coaches may not add or delete any player from their team roster. All changes will be made by the Recreational Director.
- f. Coaches will contact players within two days of receiving their team roster to begin practice. Coaches should conduct a parent meeting within the first three practices; only children who are on the roster may participate in the games. If your roster is incorrect let the Recreational Director know so it can be corrected.
- g. A player may request to participate in a division one level above his/her age.
- h. Players may NOT participate in a division below their age group, except under circumstances of physical or mental impairment and the Recreational Director approval.
- i. In the event that a team dominates all other teams in their division, they may be required to move up one age division.

9. GENERAL RULES

- a. **PUEBLO RANGERS SOCCER CLUB RESERVES THE RIGHT TO MODIFY, ADD TO, OR DELETE ANY OF THESE RULES OR BY-LAWS AT THEIR DISCRETION.**
- b. Field dimensions are modified to accommodate younger players. (see section 7).
- c. In the interest of safety, one finger on a non-moving ball shall constitute possession by a goal keeper.
- d. Slide tackling is not permitted.
- e. Teams shall use balls as follows:
 - 2015-2010, ball size #3.
 - 2009 and older, size #4.
- f. Substitutions:
 - 2015 through 2010: With the referee's permission, a team may substitute players at any dead ball.
 - 2010 and older: With a referee's permission, a team may substitute or re-substitute any number of players at the following stoppages:
 - Prior to a throw-in, only by the team throwing in.
 - Prior to a goal-kick, by either team.
 - After a goal, by either team.
 - After any injury when the referee has stopped play, by either team.
- g. Injuries:

The referee shall stop the game if, in his/her opinion, a player has been injured (**PLAYER IS DOWN**); have the player removed as soon as possible from the field of play, and resume the game. If the player is slightly injured, the game shall not be stopped until the ball has ceased to be in play. A player who is able to go to the touch or goal-line for attention of any kind shall not be treated on the field of play.
- h. The following rules apply to 2010 and younger divisions:

- No offside (Coaches in these divisions may not instruct players to continually play in an offside position
 - Hand ball will only be called if deliberate.
 - After any foul, resume the game with free kick only.
 - No penalty kicks. Any foul inside the penalty area is an indirect kick at the place the infraction occurred
 - There are no throw-ins. The game will be restarted with a kick-in from the touch line.
- i. One coach of a 2015, 2014, or 2013 team may be on the field to instruct and direct their players.
- j. For 2012& 2011 teams, the coach , one assistant and sub-players may occupy the coaches box and must remain within the coach's box (if marked), or within ten yards of mid-field, except when motioned onto the field by the Referee.
- k. For 2015 -2008 teams, there is no heading of the ball. If a player heads the ball, the opposing team will be awarded an indirect free kick at the spot of the infraction.
- l. For 2011- 2008 teams, there is no punting or drop kicking from the goalkeeper. If a goalkeeper punts or drop kicks the ball, an indirect free kick will be awarded to the opposing team at the closest point to the infraction and outside of the box.
- m. Offsides will be called at 2010 and older.

10. REFEREES

- a. All referees working the Center Line will be United States Soccer Federation (USSF) certified.
- b. A referee's authority to enforce Pueblo Rangers Soccer Club rules and by-laws and FIFA "Laws of the Game" will commence when the official enters the field of play and terminate when he/she leaves the field of play. His/Her decision on points of fact connected with play shall be final.
- c. The Board, Recreational Director, Field Manager, Referee Coordinator, and Club Coaches will enforce Rangers rules and by-laws in all areas surrounding the playing fields before, during and after all scheduled events.
- d. Complaints regarding referees may be filed with the Referee Coordinator for investigation. Referees are held to the same standards of conduct as are Rangers coaches. Referees may be suspended from officiating Rangers activities for violations of these standards.
- e. Coaches may talk to referees before the game, half-time, intermission, or after the game for rule clarification.
- f. Disrespectful comments towards the referees during the course of a game from coaches or players constitute *dissent* and the appropriate action will be taken by the referee which may include a caution (yellow card) or ejection (red card).
- g. Referees must conduct themselves in a courteous and professional manner at all times. This is an instructional and recreational league. Officials are encouraged to help participants understand the laws of the game and their application. However, the coach is responsible for instructing his players on the laws of the game.

11. PLAYER DISCIPLINE

- a. A coach must notify the Recreational Director within 24 hours before disciplinary action has been taken.
- b. Coaches may suspend a player at anytime from participating in a game and/or practice due to improper conduct, poor attitude, failure to attend practices/games.
- c. Coaches are required to notify the parents of any player who has been suspended.
- d. When a player becomes sick, is injured, or suspended, minimum playing time is waived.
- e. Coaches may not add or delete any player from their team roster. All changes will be made by the Recreational Director. Only children who are on the roster may participate in the games. If your roster is incorrect, let the Recreational Director know so it can be corrected.
- f. Coaches will contact players within two days of receiving their team roster to begin practice. Coaches should conduct a parent meeting within the first three practices. A player may request to participate in a division one level above his/her age.
- g. Players may NOT participate in a division below their age group, except under circumstances of physical or mental impairment and the Recreational Director approval.
- h. In the event that a team dominates all other teams in their division, they may be required to move up one age division.

12. CONDUCT OF COACHES, PLAYERS, PARENTS AND SPECTATORS

- a. All coaches are expected to display good citizenship and sportsmanship at all team functions, maintain a high degree of team and player morale, and at all times avoid the use of profane language in the presence of the players. All coaches shall show the other team's players and coaches respect and behave in a sportsman like manner.
- b. All players are expected to conduct themselves in a polite, law observing and sportsmanlike manner at all times, both on and off the playing field, and serve as an example of good citizenship to his fellow teammates, members of other teams, and those who do not participate in Pueblo Rangers Soccer Club.
- c. **Spectators must be located on the opposite side of the field that their team occupies.** They are expected to conduct themselves in an adult manner at all times, at all games, setting an example of good citizenship and sportsmanship for the participants. Officials may suspend play until such time as spectators have cleared the goal line. Harassment of referees, players, coaches, Pueblo Rangers Soccer Club officials, or parents of the opposing teams **will not be tolerated at any time.**
- d. **Coaches** are responsible for the behavior of the spectators/parents associated with their teams. Officials and/or coaches may ask unruly spectators/parents to conduct themselves in an orderly manner; if this is not effective, and after a warning from the coach or an official, those responsible may be instructed to leave the sight and sound of the game.
- e. **SPECTATORS ARE NOT ALLOWED BEHIND THE GOAL LINES, OR IN BETWEEN THE TOUCH LINES.**
- f. Refusal by participants to comply with an official's instructions is just cause for an official to suspend play until the offending party has left.

13. DISCIPLINARY ACTION FOR COACHES

- a. Coaches are subjected to disciplinary action for:
 1. Failure to uphold the Pueblo Rangers Soccer Club rules and by-laws.
 2. Unsportsmanlike conduct.
 3. Arguing with officials.
 4. Failure to support Pueblo Rangers Soccer Club program and its personnel.
 5. Failure to maintain and return Pueblo Rangers Soccer Club property and equipment.
 6. Allowing unregistered players to participate in Pueblo Rangers soccer club games or practices.
 7. Any violation of the coaches' code of conduct.

- b. Disciplinary action will be documented and kept on file for a period of at least one year. Disciplinary action may consist of, but not limited to:
 1. Verbal warning.
 2. Written warning.
 3. Suspension of coaching privileges.

- c. Appeals may be filed with the Pueblo Rangers Soccer Club Board of Director within 5 days of any disciplinary action.

Notes